<table>
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<th>Sunday</th>
<th>Monday</th>
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| Preparing your child for school is easy and fun! Children learn through play!  
**TALK – SING – READ – WRITE – PLAY**  
[https://sonomalibrary.org](https://sonomalibrary.org)  
Ask your librarian for more great suggestions! | 1. **MATH**  
Point out all the things you see that are shaped like a circle. | 2. **TALK**  
Have a conversation with your child with socks on your hands. | 3. **READ**  
Read a book about night time. |
| **PLAY**  
What sinks and what floats in the bathtub? | **VISIT**  
Visit the library. | **WRITE**  
Make a dot-to-dot outline of your child’s name. | **TALK**  
What is your favorite part of the day? |
| **MATH**  
How many blocks can you stack? | **WRITE**  
Trace your hands on paper. | **TALK**  
Talk about what you’d like to do today. | **VISIT**  
Visit the library and explore a new section. |
| **WRITE**  
Draw different shapes together. | **RHYME**  
Sing the song “London Bridge”. | **TALK**  
What is your favorite part of the day? | **RHYME**  
Memorize a short Mother Goose rhyme together. |
| **TALK**  
Talk about how you feel when the weather is really hot. | **WRITE**  
Play with the concepts over and under. | **PLAY**  
Take a walk outside and look for bugs. | **READ**  
Read a favorite book together then re-tell without the book. |
| **WRITE**  
Write the alphabet in your favorite colors. | **SING**  
Play a new song and sing or hum along. | **PLAY**  
Blow bubbles together. | **READ**  
Read together in bed at naptime. |
| **READ**  
Read together outside. | **VISIT**  
Visit the library. | **MATH**  
At lunch, look at the different shapes of your food. |  |
Songs and Rhymes to Share with your Little One

London Bridge is Falling Down
London Bridge is falling down,
Falling down, Falling down.
London Bridge is falling down,
My fair lady.

Take a key and lock her up,
Lock her up, Lock her up.
Take a key and lock her up,
My fair lady.

The Hokey Pokey
You put your right hand in
You put your right hand out,
You put your right hand in,
And you shake it all about,
You do the Hokey Pokey
And you turn yourself around
That’s what it's all about.
2) left hand
3) right foot
4) left foot
5) head
6) whole self

A Note about Mother Goose Rhymes:
Reading, reciting and singing Mother Goose rhymes are an excellent way to help a preschooler get ready to read. When a child chants a rhyme repeatedly, he develops key pre-reading skills such as the ability to hear the distinct sounds that make up words, discern sound and word patterns, and broaden his vocabulary. Studies have shown that the more nursery rhymes a child knows, the easier it will be for him to learn to read. So find opportunities to sing and read Mother Goose rhymes with your child.