

Dear parents and/ or guardians of children registering for Ceres Community Project “Teens Cook” Sonoma County library series of classes,

We are very excited to teach your children cooking skills and education about the value of eating plant-rich wholesome foods.

One of the key cooking skills that we value and teach is knowing how to safely and efficiently cut vegetables.

In our classes we use small, child size knives, with 5 inch metal blades. Knives are tools that demand attention, training, and appropriate behavior for safety. We stress this in all of our classes. Children will be supervised closely while using knives and permission to use knives will be removed if there is any inappropriate behavior with knife use.

Ceres Community Project assumes all liability regarding any potential injury due to use of cooking knives.

We ask that you please sign below acknowledging that you give permission for your child to attend the class and to use a metal knife.

I give \_\_\_\_\_ (Name of Child) permission to attend Ceres Community Projects, “Teens Cook” classes, knowing that metal knives are used, by the children, for the preparation of foods.

\_\_\_\_\_ (Printed name of parent or guardian)

\_\_\_\_\_ (Signature of parent or guardian)