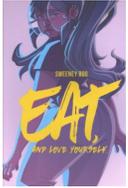




Love is a revolution

by Renée Watson (she/her) - Y WATSON

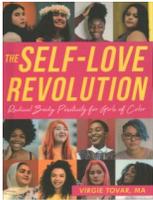
Falling for an activist during an open-mic party, plus-sized Nala tells increasingly complicated lies about how much she shares her crush's interests, before learning unanticipated lessons in radical love and self-love.



Eat, and love yourself

by Sweeney Boo (she/her) - YG BOO

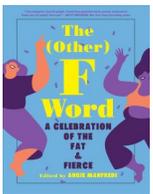
Mindy is a young woman living with an eating disorder and trapped in a battle for her own self-worth. When she accidentally discovers something that will give her a chance to revisit her past, she thinks she has a chance to put her life back on track. But will she be able to find a way back to her present and treat herself with love and kindness at any size?



The self-love revolution : radical body positivity for girls of color

by Virgie Tovar (she/her) - Y 158.1 TOVAR

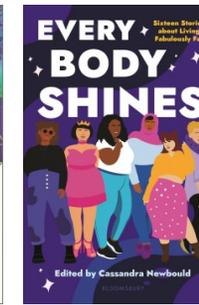
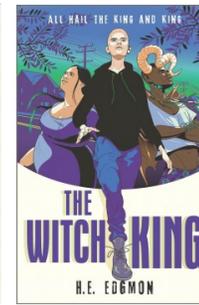
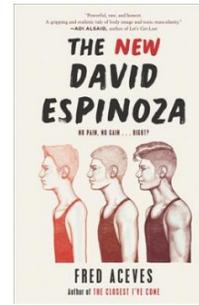
A respected body-image expert and activist counsels teen girls of color on how to cultivate unapologetic body positivity, covering subjects ranging from unhealthy media beauty standards to the unique tools that girls of color have to counter a negative self-image.



The (other) F word : a celebration of the fat & fierce

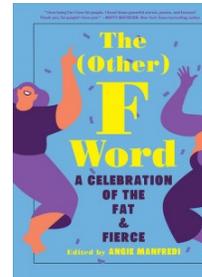
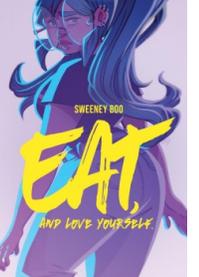
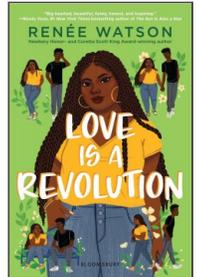
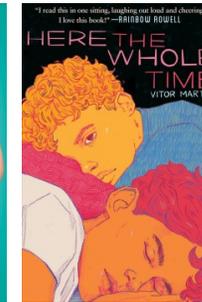
by Angie Manfredi (she/her) - Y 306.46 OTHER

A crossover anthology for teens and activists shares essays, prose, fashion tips and art to offer strategies for overcoming today's narrow definitions of beauty and styling oneself in accordance with body positivity and acceptance of all sizes.

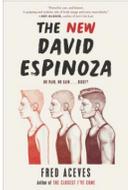


Beauty Has No Size!

YA books about body positivity.



SONOMA COUNTY LIBRARY
sonomalibrary.org



The new David Espinoza

by Fred Aceves (he/him) - Y ACEVES

Obsessed with the idea that he is not muscular enough and tired of being bullied, David, age seventeen, begins using steroids, endangering his relationships with family and friends



The Witch King

by H. E. Edgmon (he/they) - Y EDGMON

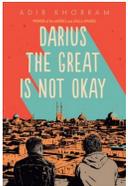
Wyatt, a transgender witch hiding in the human world, must face the royal fiancé he left behind and decide what is more important—his people or his freedom.



Every body shines : sixteen stories about living fabulously fat

by Cassandra Newbould (she/her) - Y EVERY

"Sixteen stories celebrating fat teens with bodies of many shapes and from many communities, cultures, races, genders, and orientations in contemporary settings as well as fictional worlds"



Darius the Great is not okay

by Adib Khorram (he/him) - Y KHORRAM

Clinically-depressed Darius Kellner, a high school sophomore, travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who changes his life



I'll be the one

by Lyla Lee (she/her) - Y LEE

A nuanced celebration of body positivity by the author of the Mindy Kim series follows the experiences of a plus-sized teen girl who shatters expectations on a televised competition to become the next big K-pop star.



Fat chance, Charlie Vega

by Crystal Maldonado (she/her) - Y MALDONADO

A plus-sized Latina's struggle to forge a healthy relationship with her own body is challenged by her mother's insensitivity, her popular best friend and personal doubts about a new boyfriend's ability to see her as she truly is.



To be honest

by Maggie Ann Martin (she/her) - Y MARTIN

After her older sister goes to college, Savannah is left home alone with her weight-obsessed mother, and must find consolation in a new relationship with George, who has insecurities of his own



Here the whole time

by Vitor Martins (he/him) - Y MARTINS

When Felipe, who is very insecure about his weight, is forced to spend winter break with his long-term crush, Caio, he must face his unresolved issues head-on



There's something about Sweetie

by Sandhya Menon (she/her) - Y MENON

A brokenhearted Indian-American teen agrees to allow his parents to set him up on culturally approved dates with a track athlete, who is tired of being nagged by her traditionally minded family about her plus-sized body



Faith : taking flight

by Julie Murphy (she/her) - Y MURPHY

When her investigation into missing people and pets puts those she loves in danger, high school senior Faith Herbert is forced to confront her hidden past and use her newfound abilities, risking everything to save her friends and town



Pumpkin

by Julie Murphy (she/her) - Y MURPHY

Creating a drag-show audition tape that culminates in an unkind nomination for prom queen, an openly gay teen of size partners with a girl who has been nominated for prom king to embrace their true selves. By the best-selling author of Dumplin'.



As far as you'll take me

by Phil Stamper (he/him) - Y STAMPER

Seventeen-year-old Marty Pierce leaves small-town Kentucky for London, hoping to explore his sexuality and find work playing oboe, but homesickness, anxiety, and his dwindling savings worsen even as his dreams are coming true